



Addressing the needs of FASD...
Moving forward **together!**

What is FASD?

Fetal Alcohol Spectrum Disorder (FASD) is now used as a diagnostic term where prenatal alcohol exposure is considered to be a significant contributor to physical and neurobehavioural effects in children, youth and adults.

Effects

The effects of FASD, including alcohol-related birth defects, may include physical, cognitive, behavioural and emotional issues with possible lifelong implications.

Our Mission

The Mission of the NB FASD Centre of Excellence is to prevent alcohol-exposed births, to provide appropriate diagnosis and to build the community capacity for people living with FASD by working with individuals, families and caregivers.

Our Vision

That all New Brunswickers are aware of the dangers associated with the consumption of alcohol and other substances during pregnancy

That women in NB are supported in reducing or discontinuing their alcohol and drug use during pregnancy

That individuals exposed to alcohol and other substances during pregnancy have access to timely assessment services in hope of reducing the secondary disabilities associated with prenatal alcohol exposure

That individuals exposed to alcohol and other substances during pregnancy as well as their caregivers receive the support needed to lead successful lives



Prevention

FASD can be prevented. The only way to safeguard against FASD is to refrain from consuming alcohol if you are pregnant or planning to become pregnant.

Prevention Actions

- Distributing information and organizing information sessions to help promote and sustain FASD-free communities (community awareness)
- Distributing documentation (promoting adoption of research and evidence-based practices)
- Providing evidence-based consultation services according to best practices and working with women with addictions following a holistic approach and using trauma-focused intervention based on clients' needs

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FASD



Diagnosis

- Diagnostic assessment is available to individuals from 0 to 18 years of age
- A comprehensive assessment is completed by a bilingual multidisciplinary team made up of pediatrician, psychologist, speech-language pathologist and occupational therapist
- All diagnostic clinics are conducted from the Moncton office over a 4-day period
- The family is placed at the core of the diagnostic process and considered an essential member of the diagnostic team
- Referral forms are available by contacting the NB FASD Centre of Excellence

Admission prerequisites

- Permanent resident of New Brunswick
- Between 0 and 18 years of age
- Confirmed or suspected alcohol consumption during pregnancy
- Consent from a parent or guardian
- Developmental or behavioural issues



Support

Your Regional Community Coordinators and the provincial Aboriginal Liaison are available to:

- Assist families and communities in identifying available resources to support recommendations following FASD diagnosis
- Distribute evidence-based resources available to meet the specific needs of families and communities
- Promote and sustain an FASD community of practice in NB



For more information or to get in touch with your Regional Community Coordinator/Aboriginal Liaison, please contact the NB FASD Centre of Excellence at:

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